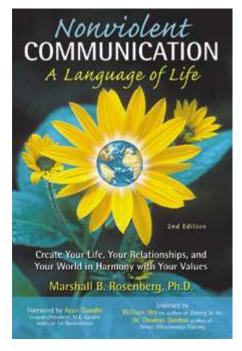


## Nonviolent Communication

Registration form at www.ahimsavillage.org Info@ahimsavillage.org, 814-355-0850



## INTRODUCTION TO NONVIOLENT COMMUNICATION Facilitator: François Beausoleil June 13th, 2008 (Friday): 7:00-9:00 pm

In this interactive workshop you will learn the basics of Nonviolent Communication (NVC), a powerful method used around the world to resolve conicts and to develop inner peace. The NVC process is designed to create a quality of connection among people in which everyone's needs are equally valued.

THE ABCS OF EMPOWERING COMMUNICATION Facilitator: Francois Beausoleil June 14th and 15th, 2008 (Saturday and Sunday): 9:30 am - 5:00 pm

In the ABCs of Empowering Communication, we dive into the mechanics of communication with self and others, viewed through the lens of Marshall Rosenberg's Nonviolent Communication. Participants receive a clear map and concrete directions for finding relief and peace of mind around specific communication challenges. We request that those without prior training in NVC attend the Friday evening introductory workshop before attending.

THERE WILL BE A \$25 EARLY BIRD DISCOUNT FOR ALL THOSE WHO **REGISTER BY MAY 1ST!** 

About the facilitator: François Beausoleil has been teaching Nonviolent Communication in communities since 2004. A graduate of the NVC Leadership Program offered by the San Francisco Bay Area Nonviolent Communication (BayNVC) organization, he now works for BayNVC as a trainer and program coordinator. Currently he is also directing a year-long training program for a social service agency in California.

## Registration: Open until June 2, 2008

Space is limited, and this workshop will definitely fill up, So register early to reserve your place.

Nonviolent Communication Workshops with François Beausoleil

## **REGISTRATION FORM**

Please indicate which workshop(s) you will be attending:

Introduction to NVC – June 13, 2008 - \$25

The ABC's of Empowering Communication – June 14 – 15, 2008 - \$245

Both workshops - \$270 (or \$245 if registering before 5/1/08)

Need accommodations? We will be in touch about low-cost options.

| PLEASE PRINT CLEARLY -   |       |       |          |  |
|--------------------------|-------|-------|----------|--|
| Name                     |       |       |          |  |
| Affiliation/Organization |       |       |          |  |
| Address                  |       |       |          |  |
| City                     |       | State | Zip Code |  |
| Phone                    | Email |       |          |  |
| Website                  |       |       |          |  |

How did you hear about Ahimsa Village and the NVC workshops?

Why do you want to take this workshop? What do you hope to get out of it?

Register: To reserve your space please complete this form and return by email or regular mail along with your check for the appropriate amount: \$25 for the Friday workshop; \$245 for the Sat-Sun workshop; or \$270 for both (\$245 for both if registering before May 1) to "Ahimsa Village" no later than June 2, 2008 to the following address:

Ahimsa Village 4022 S. Eagle Valley Rd Julian, PA 16844

For logistics/registration or other questions, details, etc: Call or email Kelle Kersten at magicjubilee@yahoo.com or 814-355-0850